

"Sprouting Success: The Children's Table's New Gardening Classes Flourish!"

The Children's Table's new classes have kicked off to a fantastic start with the first session held on April 24th at Two Hawk Hammock, Home of the Children's Table Teaching Garden. Nearly 20 enthusiastic attendees gathered, marking a successful beginning. Mr. Bill, the driving force behind these classes, expressed his delight at the strong turnout, emphasizing the importance of creating home gardens. He pledged ongoing support for those completing the gardening series, offering valuable informational services and assistance with tilling the land. This commitment underscores The Children's Table's dedication to empowering individuals to cultivate their own gardens and foster sustainable practices.



"Former Agriculture Veteran Albert Fuller Leads Inaugural Class, Drawing on 42-Year Career with University of Florida IFAS Cooperative Extension Service"

Reasons Why YOU Should Grow Your Own Garden

1. **Health Benefits**: Growing your own vegetables ensures access to fresh, nutrient-rich produce free from harmful chemicals. This promotes better health for you and your family, as you can enjoy vegetables at their peak freshness, retaining maximum nutritional value. Consuming homegrown vegetables can also encourage a greater appreciation for wholesome, unprocessed foods, leading to overall improved well-being.

2. **Cost Savings**: While there may be initial investments in gardening tools and supplies, growing your own vegetables can lead to significant savings over time. By eliminating the need to purchase produce regularly from stores, you can reduce your grocery bills and potentially lower your overall food costs. Additionally, excess produce from your garden can be preserved through canning, freezing, or drying, further maximizing your savings and ensuring a sustainable food source.



"Late Season Success: First Potatoes Sprout in Vegetable Garden After April Gardening Class"

More than just a garden: A place to build families

3. **Family Relationships**: Gardening offers a unique opportunity to bond with family members and create lasting memories together. Working side by side in the garden promotes teamwork, communication, and shared responsibility, strengthening family relationships. Gardening also provides a valuable learning experience for children, teaching them about nature, sustainability, and the importance of healthy eating.

Planted slightly later than ideal, our vegetable garden is already thriving, evident in the emergence of our first potatoes. The enthusiasm of our volunteers, who eagerly participated in our inaugural gardening class on April 24, has been instrumental. Together, they planted extensive rows of beans and squash, setting the stage for a fruitful harvest ahead. We're excited to announce that classes will continue every Wednesday throughout May, starting at 9:00 am, at 17590 NE 53rd Lane, Williston FL, home of Two Hawk Hammock. Join us as we nurture our garden and grow together!

Register for **FREE All Ages Classes**:
Call 352-486-6525



Please support our sponsor.
Two Hawk Hammock, 17590 NE
53 Lane, Williston, FL

**Spotlight on Volunteering:
WANTED More Amazing Volunteers**



Volunteers for Lebanon Baptist Church: Branford Shown with The Children's Table food bus, suppling over 7500 Meals to Families in Need

Our dedicated volunteers are not only passionate about what they do, but they also deeply care about the individuals we assist in our community. If you're looking for a rewarding way to give back, we invite you to join us in our mission. We are in need of volunteers who can ride our bus and provide support during food distributions at various locations where our clients receive assistance. Additionally, we require assistance with the heavy lifting involved in loading and unloading our trucks, shelves, and refrigerators. Our volunteers play a crucial role beyond our main Monday distributions; they help prepare food items like dry and meat bags and assist in maintaining the cleanliness and efficiency of our facilities. If you have skills in cleaning, washing trucks, or mopping floors, we could certainly use your help! Reach out today to inquire about available dates and times for volunteer opportunities.

We're thrilled to introduce our new Learning Garden! But to bring this project to life, we need your help. Community support is crucial for tasks like weed picking, harvesting, and other garden activities. Your contribution, big or small, will make a real difference. Join us and make an impact!

Don't Wait Until It's an Emergency -

Food Distribution SCHEDULE -MAY 2024 5/01/2024				
Monday	Tuesday	Wednesday	Thursday	Friday
APRIL 29 Drive Thru Style: Bronson 10 AM-12 PM 680 Thrasher Drive	30 Mr. Bill's Actual Birthday :-) 95 Years Young 	1	2	3 FRIDAYS our food distributions come to you! 10:00 Archer - Davis Center, 17500 SW Archer Rd, Archer, 11:30 Williston - Masonic Lodge 250 NW 6th Blvd. Highway 121 1:00 Gainesville - Countryside Baptist Church 10926 NW 39th Avenue
6 Bronson 10 AM-12 PM 680 Thrasher Drive	7	8 Branford - special assistance	9	10 9:30 AM Hernando House of Power 7233 N. Lecanto Hwy, 11:00 AM Life Spring Church, 19460 E Pennsylvania Ave, Dunnellon, FL 11:45 AM Inglis Town Hall 135 Highway 40 W. 1:00 PM Otter Creek Town Hall 555 SW 2nd Avenue
13 Bronson 10 AM-12 PM 680 Thrasher Drive	14	15	16	17 10:00 Archer - Davis Center, 17500 SW Archer Rd, Archer, 11:30 Williston - Masonic Lodge 250 NW 6th Blvd. Highway 121 1:00 Gainesville - Countryside Baptist Church 10926 NW 39th Avenue
20 Bronson 10 AM-12 PM 680 Thrasher Drive	21	22	23	24 9:30 AM Hernando House of Power 7233 N. Lecanto Hwy, 11:00 AM Life Spring Church, 19460 E Pennsylvania Ave, Dunnellon, FL 11:45 AM Inglis Town Hall 135 Highway 40 W. 1:00 PM Otter Creek Town Hall 555 SW 2nd Avenue
27 Bronson 10 AM-12 PM 680 Thrasher Drive	28	29	30	31 10:00 Archer - Davis Center, 17500 SW Archer Rd, Archer, 11:30 Williston - Masonic Lodge 250 NW 6th Blvd. Highway 121 1:00 Gainesville - Countryside Baptist Church 10926 NW 39th Avenue



**Mr. Bill Turns 95!!!
HAPPY BIRTHDAY!!!**

On May 4th the community is invited to celebrate Mr. Bill's 95th Birthday: 1pm-4pm at Bronson Elementary School Cafeteria. The celebration features a special guest speaker, Megan Walker. A former volunteer at The Children's Table, Ms. Walker's journey resonates with the crowd. Today, she stands tall as the Chief Staff Officer for Goodwill Industries, a testament to the impact The Children's Table has on young lives.

Adding to the celebratory spirit is a lively silent auction, where attendees bid generously on a variety of items. The excitement continues with a captivating cake auction, with all proceeds from both events flowing directly back to The Children's Table food bank. This ensures Mr. Bill's unwavering belief in supporting those in need can continue to nourish the community.



**Visit Us on Facebook or
ChildrensTable.org**

Your Donations Help Us - Help Our Community!

Call, Visit our Website or mail your tax deductible donation to: P.O. Box 222 Bronson, FL 32621

Donate Today